## Forearms and Hands

## Named Condition

$\square$ B Carpal Tunnel
( - Golfers Elbow
ㄴ Median Nerve ProblemsNot Able To Grip Things Feeling Of Losing GripPain In Posterior Of The ArmPain In Posterior Of The ForearmPain In Posterior Of The HandPain In The ElbowPain In The HandPain In The Index FingerPain In The Middle FingerPain In The Pectoralis AreaPain In The Pinky FingerPain In The Ring FingerPain In The ThumbPain In The WristPectoralis Minor SyndromePronator Teres SyndromeRadial Nerve ProblemsTennis Elbow
Thoracic Outlet Syndrome
L B Ulnar Nerve Problems

Please complete both pages

Painful or weak $\wedge$ movement

ㄴ Elbow Extension
ㄴ Elbow Flexion

- $\quad$ Finger Abduction
$\square$ B Finger Adduction
$\square$ R Finger Extension
$\square \square$ Finger Flexion
$\square \square$ Forearm Supination - Opening A Door
$\square \square$ Shoulder Abducting
$\square \square$ Shoulder Extension - Reaching Behind - Into Backseat Of Car, Putting On A Coat
$\square \square$ Shoulder Flexion - Bringing The Arm In Front
$\square \square$ Shoulder Lateral Rotation Hurts To Comb Hair

ㄴ Shoulder Medial Rotation
L B Thumb Abduction
L R Thumb Extension
( R Thumb Flexion
$\square \square$ Wrist Flexion With Radial Deviation - Left Clicking A Mouse, Turning Car Off, Turning Key In Door

L B Wrist Flexion With Ulnar Deviation - Throwing Darts

## Forearms and Hands

Nerve Pain$\wedge$
$\square \square$ Elbow To Shoulder - Ulnar Side
$\square$ In All The Fingertips
$\square \square$ In The Index Finger
$\square$ In In The Little Finger
$\square \square$ In The Middle Finger
$\square$ In The Thumb
$\square$ On Radial Side Of Ring Finger
$\square \square$ On The Ulnar Side Of Ring Finger
$\square \square$ Radial Side Of Forearm
$\square \square$ Ulnar Side Of Forearm

